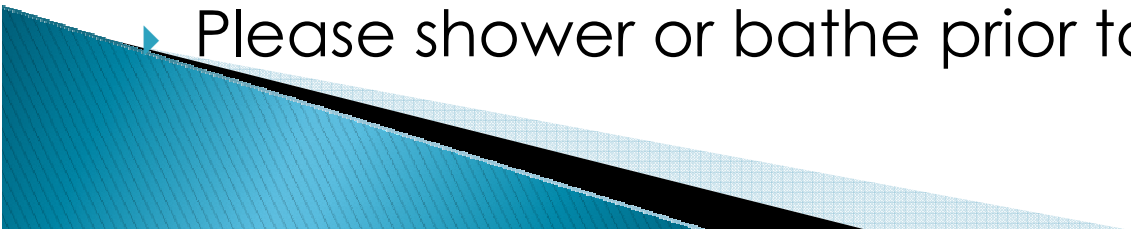


# Getting Ready for Surgery

- ▶ You must have nothing to eat or drink after midnight the day prior to your surgery.
  - ▶ Patients must arrange for a responsible adult to pick them up after surgery. Your ride must be available to come at any time for pick-up.
  - ▶ Patients must arrange for a responsible adult to stay with them overnight.
  - ▶ Remove contact lenses and all nail polish.
  - ▶ Gel nails can be left on with clear nail polish only.
  - ▶ Jewelry, including all body piercings, must be removed and left at home.
  - ▶ Do not bring valuables to the clinic. The Pan Am Clinic is not responsible for the loss of personal possessions.
  - ▶ Please shower or bathe prior to coming for surgery.
- 
- A decorative graphic in the bottom left corner consisting of a blue triangle with a black diagonal stripe and a light blue grid pattern.