

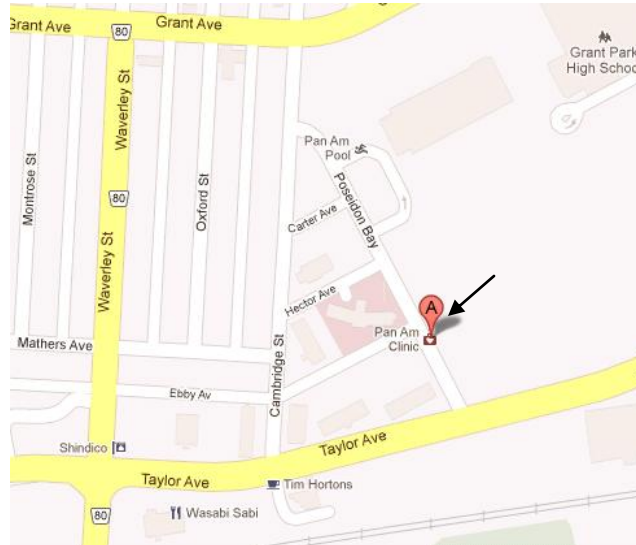
### Minor Injury Clinic Hours of Operation\*

Monday to Friday: 8:00 a.m. to 6:00 p.m.  
(doors open at 7:00 a.m.)

Weekends: 8:00 a.m. to 3:00 p.m.  
(doors open at 7:45 a.m.)

**\*Note:** Once capacity is reached, the Minor Injury Clinic will be closed to non-urgent walk-in patients earlier than posted hours.

Please check our website at [www.panamclinic.org](http://www.panamclinic.org)  
For up-to-date information regarding holiday hours.



**Minor Injury Clinic  
Pan Am Clinic  
75 Poseidon Bay  
Winnipeg, Manitoba  
R3M 3E4**

**Telephone: 204-927-2654  
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# MINOR INJURY CLINIC

## (MIC)



Winnipeg Regional Health Authority  
Office régional de la santé de Winnipeg  
Caring for Health À l'écoute de notre santé



**MINOR INJURY CLINIC**



Pan Am Clinic optimizes health outcomes by leading in the delivery of ambulatory musculoskeletal (MSK) patient care, supported by innovative research and education. Pan Am Clinic promotes healthy living in the community by working to keep people mobile and active.

## SERVICES PROVIDED

Our team of health professionals can provide expert assessment and treatment for patients with acute injuries such as sprains, cuts, bruises, and fractures that do not require hospitalization. The Minor Injury Clinic is set up to assess and treat most non-life threatening bone, joint and soft tissue injuries.

The Pan Am Minor Injury Clinic is a place where you, family members and friends will receive specialized musculoskeletal care.

### We can:

- Set and cast uncomplicated broken bones
- Recommend splints, casts, braces or crutches
- Clean, dress or stitch minor wounds and burns
- Provide tetanus shots
- Organize further testing and referrals as necessary for bone, joint and muscle problems.

## WHAT CAN YOU EXPECT?

When you arrive in MIC your condition will be assessed by a nurse. A clerk will then ask you for demographic information and will provide you with a same-day appointment. Patients with the most urgent issues will be given priority appointment times. You are welcome to leave the clinic and return for your appointment or you may choose to stay. Either way, if your condition worsens, we ask that you let us know.

When you return for your appointment, please check in at the front desk. A nurse will further assess your condition and may refer you for an x-ray.

The doctor will examine/review your condition and recommend appropriate treatment and care. If the doctor determines that you require follow-up care, you will be given an appointment to see the doctor or an athletic therapist.

Once the same day appointment capacity has been reached, the Minor Injury Clinic will be closed to non-urgent walk-in patients earlier than posted hours. If your problem is chronic in nature (long-lasting or recurrent), then we can help you by scheduling a regular appointment with one of our Sports Medicine physicians. Other alternatives include seeing your family doctor, a walk-in clinic, or local quick care clinics.