



Alter-G Treadmill

Orthopaedic Rehabilitation

The AlterG® Anti-Gravity Treadmill® is ideal for patients or athletes recovering from injury or surgery, rebuilding strength, or training with reduced pain. By defying gravity with the Anti-Gravity Treadmill, patients and athletes can precisely adjust dramatic reductions in impact and gravitational forces while walking, running, or engaging in specific exercises – all to achieve earlier mobility, increase range of motion, and practice fall-safe natural movement.

Sports Rehabilitation

AlterG sports injury rehab treadmills are ideal for high-level athletes that want to regain, maintain and develop fitness during recovery from injury.

- Enables athletes to recover faster and with less pain.
- Helps athletes maintain cardiovascular fitness and strength while the injured area heals.
- Allows recovering athletes to exercise with normal gait mechanics, minimizing the chance of compensatory problems later.
- Is fall safe and easy to use
- Allows athletes to enjoy the rehabilitation process with the confidence that they will be back on the court, field, or track as quickly as possible.

Features

- Body weight adjustment: 100% to as low as 20% with adjustments in 1% increments
- Speed: 0-12 mph
- Starting Speed: 0.1mph
- Reverse: -3 mph
- Incline: 0-15%
- Body Weight: 85-400 lbs

Pricing

Introductory Session (30 min)	\$35.00
Training Session – 25 min	\$28.50
Package of 10	\$200
Training Session – 55 min	\$45.60
Package of 10	\$320

All training sessions are supervised by a trained kinesiologist at the Pan Am Clinic Foundation. Please call Holly to book at **204-927-2828**.